

GRAB-AND-GO BREAKFAST! PG.100

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for fall!

65 FRESH IDEAS

- * Throw a Picnic Party
- * Snack Smarter
- * Easy Halloween Crafts

GROW NOW!

Plant-Ahead
Holiday Blooms

Our Best
BEAUTY TRICKS

9 Women Share Get-Real Tips

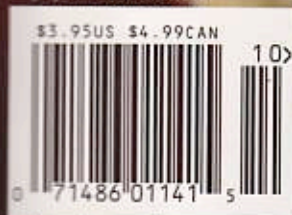
The Sandwich Supper

17 Super-Simple Recipes

QUICK MEAL

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RECIPE CARDS

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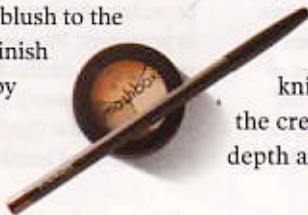
WHAT'S YOUR... Best Beauty Trick?

9 women share their tried-and-true secrets.

BY TRACEY CEURVELS

Makeup in Minutes

The best discovery I've made: *The 5 Minute Face* by Carmindy of TLC's *What Not to Wear*. I use a little foundation in the center of my face, spot on concealer and apply highlighting shadow in the corner of my eyes and under the brows. Then I line my lash line, curl my eyelashes and add pink blush to the apples of my cheeks. I finish off with Mark Glow Baby Glow Lip Gloss in Pink Crush (\$5, shop.avon.com).



It's amazing how put together one can look in five minutes flat!

Elizabeth Mateo, 37, New York City

Faux Eye Lift

As I've gotten into my late 30s, I've noticed my upper eyelids are beginning to sag a little—something plastic surgeons call "hooding."

Rather than going under the knife, I use a darker eye shadow in the crease of my eyelid to give my eyes depth and combat that tired look. Also,

applying eyeliner on your lower lids can make your eyes look smaller, so I apply eyeliner only to my upper lids, close to my lash line. I use an eggplant-colored eye pencil by MAC because purple hues make green eyes look greener.

Ann Lozier, 39, Madison, Wisconsin
MAC Eye Kohl Liner in Prunella, \$14, maccosmetics.com; Smashbox Eye Shadow Trio, \$28, smashbox.com.

Camouflaging Dark Circles

I'm an African-American woman with hereditary dark circles under my eyes. It's taken me decades to figure out how

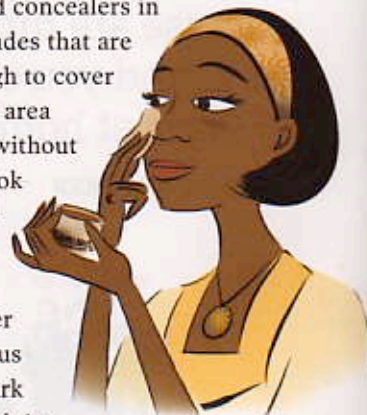


to mask them, but about six years ago, I discovered The Make-Up Center in Manhattan,

which specializes in stage makeup and also has everyday cosmetics for women of all colors. I finally found concealers in the right shades that are heavy enough to cover my problem area adequately without making it look as if I've got a ton of eye makeup on.

I'm no longer self-conscious about my dark circles, which is miraculous since it's an issue I've lived with since childhood!

Kalyn Johnson, 38, New York City
DermaColor Camouflage Creme, \$20, make-up-center.com.



Easy Makeup Removal

I recommend Albolene Moisturizing Cleanser (\$12, drugstores) to remove stubborn mascara—it's gentle and easy to use. A friend of mine removes stage makeup with it, so I figure it's good enough for me!

Sarah Emily Oster, 29, Greenwich, Connecticut