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les nouvelles & *esthétiques* SPA

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ENGLISH EDITION

FILE  
Hair Removal  
Real Beauty  
Care

REPORT  
Spa Savanna

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The International Work Tool for Beauty Salons and Spas

## PROFESSIONAL LIFE ON THE MOVE...

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### Color Mundo Show Launch

The presentation evening of the Color Mundo event, « Backstage Makeup », the first Canadian Professional Makeup event of the kind, opened to the public, was successfully held last December 5th. This new show will surely live up to public expectations, concerning makeup advice as well as professionals thanks to its half-day seminars and workshops. Do not miss this event next April 15th & 16th which will be held at the Science Centre, in Old Montreal (2 rue de la Commune).

For information :  
[www.colormundo.com](http://www.colormundo.com)  
or 1 877-977-4666



Alex Hansen



Maya Bergeron & David (Lise Watier), Josiane Carter (Makijaz), Jinny, Mario Soucy (MSFX), Danielle Huard (Studio Airbrush)



Jinny et son modèle



Rouge - son modèle et Tamara Fiset

### Xiu Feng Gao releases Collector's Edition 2007 Calendar, "Year Of The Phoenix", now available

Xiu Feng Gao, owner of Spa Phoenix in Montreal, has released a visually compelling tribute to the upcoming year 2007, a series of twelve original digital art photos inspired by the mythical bird "The Phoenix", which happens to be her Chinese given name. Year of the Phoenix was produced in several locations in China by an award winning photographer, with additional postproduction and graphic design in Montreal, and traces the evolution of the Phoenix beginning with the mythical bird rising from the ashes and chronicling the year's journey of the earth around the sun. The subject of the eye-catching photos is Xiu-Feng Gao, a native of Northern China who came to Canada in 2003, spending the last three years developing her skills and earning certificates as a massage therapist and aesthetician, finishing at the top of her class in both fields.

In opening her new spa, Spa Phoenix, in the prestigious section of Montreal called Westmount, Ms. Gao has incorporated the ambience and therapy that she learned in China, combining with western therapeutic knowledge that she has gained, creating a true East-West fusion. In commenting upon the style of the new calendar, Ms. Gao says, "I have always been fascinated with the mythical Phoenix, not just because it is part of my given name but also because in many ways it symbolizes my life". The response thus far to this unique project has been amazing. There is talk of a photographic exhibit for the project, as well as a modeling career. Ms. Gao added, "I am very proud of the project. The pictures really capture the spirit of what I was trying to achieve. I believe that people who have this in their homes and offices will be fulfilled and inspired to have a successful 2007 year".

**Year of the Phoenix is now available for purchase at [www.lulu.com](http://www.lulu.com)**

### Two newly released books for the Mental Health Toolbox!

Turning "What" into "How!"

"86 TIPS & Tools for the Therapeutic Toolbox"

"103 Group Activities and TIPS"

Author: Judith A. Belmont, MS, NCC, LPC

These newly released books will quickly become a mental "fitness" resource! Although packaged for mental health clinicians, these user-friendly books will be easily adapted to anyone interested in improving their Mental Wellness I.Q! Consider them as a self-help resource as well as a resource for helping others! You will receive dozens of reproducible handouts, experiential activities, exercises, self-discovery tools and more. Both books are perfect for breaking through mental "ruts." National speaker and author Judy Belmont has designed these TIPS as an invaluable resource for anyone seeking practical, hands-on Mental Wellness strategies ready for immediate use. Use these strategies and activities for Workplace Wellness seminars, Teambuilding, or use these TIPS in any organizational meeting to develop camaraderie and morale!

About the Author: Judith Belmont, M.S., has gathered this collection of practical strategies from more than 30 years of clinical experience coupled with her passion for "hands-on" mental wellness education. She is the founder of Worksite Insights ([www.worksiteinsights.com](http://www.worksiteinsights.com)) which promotes mental wellness in the workplace through experiential, innovative seminars. She is a national speaker for teaching other mental health practitioners how to improve therapeutic success with clients through treatment with innovative, experiential techniques.

Contact Information:

Author: Judith Belmont, MS, NCC, LPC - Tel.: (610) 442-5913

Email: [JABelmont@worksiteinsights.com](mailto:JABelmont@worksiteinsights.com) - Web Site:

[www.worksiteinsights.com](http://www.worksiteinsights.com)